

"Ariana Ayu is ultimately captivating. She has the most wonderful persona and knows how to- hold the room when she speaks. Ariana has an amazing stage presence and is able to capture the crowd with her unique personality. And she really knows her stuff!"

Jo Westwood, Lincolnshire, UK

"Ariana is truly a leader and motivator... a shaker and a mover. Working with her has been an intensely magical experience. The energy she wields as a speaker is truly powerful. She is clear and concise on the information she brings forth in her presentations. I encourage you to connect with her and her team. It will be a step you'll be happy you took. She is amazing."

Jason Taylor, Jacksonville, FL

"This (The Magic of Mojo) is one SPECTACULAR read! It really picks me up when I'm having one of those "not so good days". I wish that this book had been around when I was playing football. At the very least, it would have helped me through those tough games and I could have possibly played an additional 5 years! Kudos to Ariana for her great work!"

William Judson, Atlanta, GA Former NFLPlayer (Miami Dolphins)



SAMPLE STORY AND INTERVIEW TOPICS:

- 1. The Paradox of Pot: How can Cannabis both Relieve *and Create* Anxiety?
- 2. CBD: What's all the Hype? And will it get you high?
- 3. THC, CBD, Terpenes...What's the best strain for you?
- 4. Cannabis & Depression: Can getting high make you feel better in the long-run?
- 5. It's Natural, but Is It Safe? Medical Cannabis and You
- 6. How the War on Drugs made Cannabis More Dangerous and Why Legalization Will Make It Safer
- 7. How Legalizing Cannabis Keeps it OUT of Kids' Hands
- 8. Cannabis Use: Is it All Medical or an Excuse to Get High?
- 9. Could Getting High Actually be Good for You?

MEET ARIANA:

Ariana Ayu is an integrative and holistic Cannabis Nurse Coach. With 20 years experience in mind-body-spirit healing, Ariana combines esoteric intuitive wisdom with current, scientifically-based evidence. A seasoned international speaker with a background in healthcare, entrepreneurship, and business strategy, Ariana is available for press and media interviews as well as speaking/ training opportunities for a wide variety of audiences.

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